

# YOUR WINTER NEWSLETTER 2024



## Fred celebrates its **50<sup>TH</sup>** **ANNIVERSARY**



Dear **Fred** members,

As we take our first steps into a new year of promise and renewal, we are honored to celebrate an exceptional milestone: the 50th anniversary of our beloved foundation.

Fifty years of dedication, of unwavering support for young people living with type 1 diabetes and their families. Five decades of commitment, solidarity, and hope. It is with immense gratitude to those who have supported our mission that we celebrate this journey of overcoming challenges and sharing successes.

This new year is an opportunity for us to strengthen our commitment to you, our valued community. We are redoubling our efforts to offer even more tailored programs, more enriching resources, and more extensive support.

**Stay tuned for more surprises throughout the year!**

On behalf of the entire Fred team, we'd like to express our deepest gratitude for your unflinching loyalty, unwavering support, and contribution to this worthy cause. Together, we've written the story of 50 years of hope, and we'll continue to write the story of the years to come.

Let's celebrate this new year, this enchanting winter, and this half-century of commitment with joy, determination, and solidarity.

With all our love and gratitude,

The Fred Team.

## Share your story

We want to hear your inspiring stories! Share your experiences with the Diabetic Children's Resource Foundation on your social networks using the hashtag

**#FondationRessource50**

and inspire other families around the world!

## Lately at FRED's...

### A New 4-season Building at Camp!

The Foundation celebrates a major milestone with the launch of the construction of a four-season building at Camp Carowanis. Thanks to the generous financial support of Desjardins, this significant addition will **enhance the experience of young campers, expand our support programs, and increase our intake capacity!**

By diversifying its offering, Camp Carowanis will be able to welcome **40 additional campers** from all over Quebec in a safe and encouraging space in which to grow and flourish.



## The Holiday Event

Once again, your participation made our holiday event exceptional! Families enjoyed bowling, laser tag, and arcade games at Boulzeye.

What's more, these families attended an informative conference on holiday nutrition. They discovered tips on how to better manage blood sugar levels while enjoying the festive delights!

**This event was the perfect way to kick off the holiday season!**



## The Money Boxes Campaign

Once again this year, Fred's Halloween money box campaign was a success! It raised **18 568,27 \$!**

A total of 23 establishments joined forces to support the Foundation and its various programs. A huge thank you!

For the second year in a row, Notre-Dame-St-Joseph School won the title of top fundraising school, with a total of \$3,177.58!

As a token of appreciation, the students were visited by our mascot Glucoman!



Congratulations to all!



## Brunch-Meeting: Montérégie

Brunch-meeting of November 26th, 2023



in collaboration with



On November 26, a coffee-meeting was held in the Montérégie region. We would like to express our joy and gratitude to **Diabète Montérégie** for their exceptional collaboration during this event.

A warm **thank you** to all the participants who shared their energy and experiences, enriching the meeting with fascinating discussions. Each coffee-meeting contributes to strengthening ties within our community and spreading positive awareness of type 1 diabetes.

# Coming soon at FRED's...

## T1D DISCOVERY DISTRICT



### Still haven't registered?

Don't miss your chance to take part in this unique family weekend. This event stands out for its programming specially designed for families with T1D children!

#### Where?

Zoo de Granby

#### For who?

Families of T1D children

*\* note that this event is held in french \**

#### When?

February 17th and 18th, 2024

[To know more](#)



### Discover the 2024 program

An array of unique conferences for all ages, such as:

- Family dynamics
- Fiscality and T1D
- Atypical professions
- Sex, drugs, alcohol... and diabetes
- Nutrition: educate and inspire
- Living fully with T1D

[Click here for the PDF version](#)



**I want to participate**

**\*\*\* Registration closes on February 9, 2024. Hurry up! \*\*\***

## Fred at Montreal's 21K



Once again this year, the Fondation Ressources pour Enfants Diabétiques will be taking part in Montreal's 21K to raise funds for families touched by T1D.

Stay tuned for upcoming communications for details of upcoming registrations and how you can get involved.

## **Camp Carowanis** **Registrations in progress - Summer 2024**

Registration for Camp Carowanis is officially open!



Hurry, places are filling up fast.  
We're already at 50% capacity!

[Registration](#)

[Discover the camp](#)

Don't miss this exceptional opportunity. Register your child now to spend an unforgettable summer with us!



[Registration](#)

# Volunteer Opportunities



Help us celebrate our 50th anniversary by joining us as a volunteer!

We're always on the lookout for passionate souls to join our year-round activities. In this exceptional year, be the inspiration that marks this milestone.

Sign up on our form and help shape an even more extraordinary future for our community!

[Become a volunteer](#)



Suggestion box



Do you have questions about type 1 diabetes? Would you like to know more about certain topics? Is there a topic that's close to your heart and you'd like to see it addressed? Write to us at

[info@diabete-enfants.ca](mailto:info@diabete-enfants.ca)



FONDATION  
RESSOURCES  
POUR LES  
ENFANTS  
DIABÉTIQUES

[Fred](#) | (514) 731-9683 | <https://diabete-enfants.ca/>



FRED | 6855 rue De l'Épée, Suite 302, Montréal, H3N 2C7 Canada

[Se désabonner info@diabete-enfants.ca](mailto:info@diabete-enfants.ca)

[Mettre à jour mon profil](#) | [Avis de données de Constant Contact](#)

Envoyé par [info@diabete-enfants.ca](mailto:info@diabete-enfants.ca) alimenté par





Try email marketing for free today!