

YOUR NEWSLETTER



**SPRING**  
2024

## BIG NEWS



FRED, the Diabetic Children's Resource Foundation, is proud to announce the arrival of Frederick De Grandpré as its new spokesperson. A well-known actor and singer, Frederick De Grandpré joins FRED in its commitment to families and children living with type 1 diabetes in Quebec.

By joining FRED's cause, Frederick brings a deep understanding of the realities faced by families of children living with type 1 diabetes. Having a daughter living with the condition herself, he understands at first hand the challenges and needs such families face on a daily basis.

"I'm honored to join FRED as a spokesperson and help raise awareness of the challenges faced by families of children living with type 1 diabetes," says Frederick De Grandpré. "As a parent of a T1D child, I understand the importance of having strong support and resources available, and I'm determined to support FRED's mission."

The Foundation is delighted to welcome its new spokesperson, and invites you to watch the video above to join us in celebrating our 50th anniversary!



## CAMP CAROWANIS IS HIRING

See available positions here

Nutritionist-dietitian  
(Kitchen manager)

[Apply here](#)

Nutrition students  
(Nutrition management internship)

[Apply here](#)

Help with maintenance and upkeep

[Postuler  
ici](#)

## Lately at FRED's...

### T1D Discovery District, 2nd edition!



In February, we celebrated the 2nd edition of the T1D Discovery District, a one-of-a-kind weekend designed especially for families of children living with type 1 diabetes. Your enthusiasm was outstanding, making this edition a grand success.

Many families shared moments of quality, exchanged on their common experiences as well as attending educational conferences. Meanwhile, the children enjoyed exciting activities at Granby Zoo with their new T1D

friends!

A huge thank you to everyone who contributed to making this an unforgettable weekend. For those who couldn't make it, don't worry! Stay tuned for the upcoming announcement of our 3rd edition, scheduled for February 2025!

Relive the wonder of our 2nd edition in the video below.



## A unique draw and \$22,000 in prizes!

To celebrate its 50th anniversary, the Foundation is organizing an exceptional draw! Picture yourself winning plane tickets to your dream destination, a year of free groceries, or simply the chance to change lives.

Each ticket supports families affected by type 1 diabetes and contributes to Fred's mission. Don't miss this unique opportunity to win while making a difference.

Tickets are limited, so get yours today!

Buy tickets

**Win Big for Fred's 50<sup>th</sup> Birthday**

**\$22 000 IN PRIZES TO WIN**

<b>1<sup>st</sup> price</b> <b>\$15,000</b> One year of groceries <small>Support metro Brand</small>	<b>2<sup>nd</sup> price</b> Travel credit <b>\$5,000</b>	<b>3<sup>rd</sup> price</b> Gift card <b>\$1,000</b>	<b>4<sup>th</sup> price</b> Gift card <b>\$1,000</b>
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\$20 1 ticket  
 \$50 3 tickets  
 \$150 10 tickets

Buy your tickets here

Thank you

Let's celebrate the foundation's 50th anniversary by supporting type 1 diabetic children. Every ticket brings us closer to a brighter future for these young heroes. Thank you for your support!

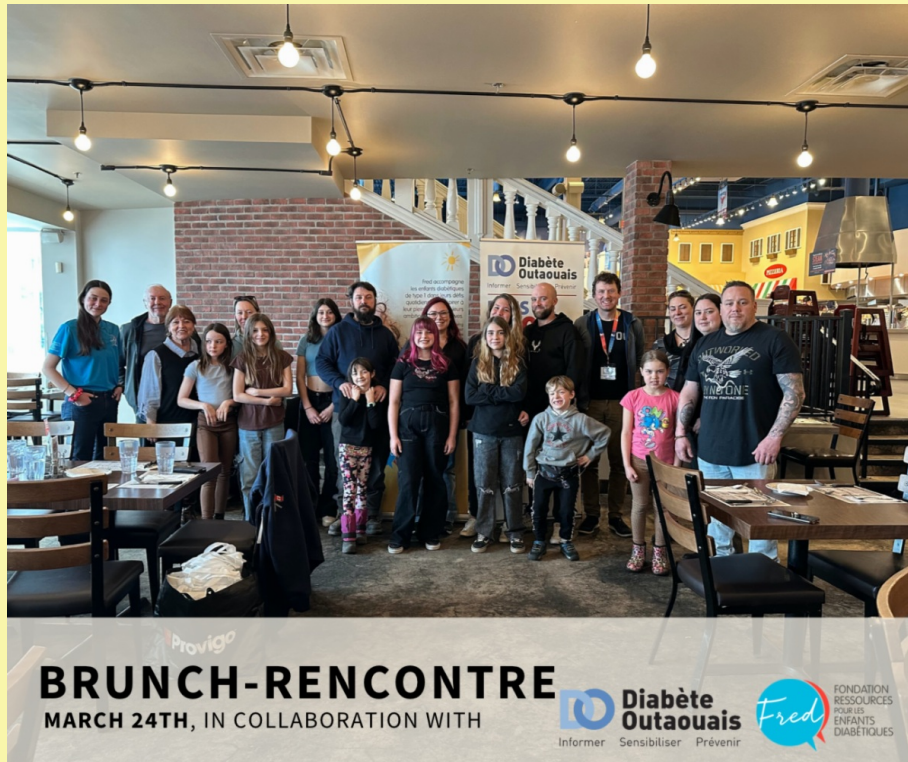
License RACJ : 2449

For the benefit of the organization

Période de vente : 17 février au 18 novembre 2024

**TAKE PART IN THE DRAW**

## Coffee-Meeting: Gatineau



On March 24th, FRED teamed up with **Diabète Outaouais** to organize a coffee-meeting in the region. We would like to express our gratitude to Diabète Outaouais for their invaluable collaboration during this event.

We'd like to extend our warmest thanks to all the participants who shared their energy and experiences, helping to enrich our exchanges. Each coffee-meeting strengthens ties within our community and helps raise awareness of type 1 diabetes.

Stay tuned for upcoming meetings by visiting our [website](#) to find out when we will be in your area!

Find out about upcoming events  
here

## Coming soon at **FRED's**...

### **FRED takes part in Montreal's 21K!**

#### Have you chosen your winning team?

Once again this year, the Foundation is proud to participate in the Montreal 21K, a charity race bringing together runners of all ages to support a worthy mission.

For this edition, the Foundation has formed two distinct teams: the **FRED team**, led by **Captain Frédérick De Grandpré**, and the **Camp Carowanis team**, led by **Captain Mathieu Lacasse, a T1D warrior**. This is a unique opportunity to join forces for a cause close to our hearts:

raising funds for the families and children of the Foundation.

So, this year, **we're challenging you to guess which team will cross the finish line first, and place your bets!**

Support the FRED  
team

Support the Carowanis  
Team

**WHICH TEAM WILL WIN?**

**VS**

**TEAM FRED**

**TEAM CAROWANIS**

**21K de MONTRÉAL**

**FRED** FONDATION RESSOURCES POUR LES ENFANTS DIABÉTIQUES

Your support is crucial to our success and enables us to provide vital resources to families of children living with type 1 diabetes in Quebec.  
Your generosity changes lives.

## 11th Symposium of Pediatric Diabetology Professionals



This May 9th and 10th will be marked by the 11th Symposium of Pediatric Diabetology Professionals, presented by CHU Sainte-Justine, in collaboration with FRED.

The event will bring together healthcare experts from a variety of backgrounds, all involved in various ways in the management of type 1 diabetes.

Participants will have the opportunity to attend several educational conferences designed to deepen their knowledge of the subject.

What's more, this event offers a unique opportunity for participants to exchange views with their peers on the challenges specific to their field.

This event is a must for anyone working in the field of T1D.

[To know more](#)

## Registration for Camp Carowanis Already at 50% capacity!

Registration for Camp Carowanis has officially opened!

**Hurry, places are filling up fast.  
We're already at 50% capacity!**

[Register](#)

[Discover the stays](#)

Don't miss this exceptional opportunity. Register your child now and enjoy an unforgettable summer with us!



[Register now](#)

## Volunteering opportunities!

Help us celebrate our 50th anniversary by becoming a volunteer!

We're always on the lookout for passionate souls to join our year-round activities. In this exceptional year, be the inspiration that marks this milestone.

Sign up on our form and help shape an even more extraordinary future for our community!



[Become a  
volunteer](#)



**Suggestion box**



Do you have questions about type 1 diabetes? Would you like to know more about certain topics? Is there a topic that's close to your heart and you'd like to see it addressed? Write to us at [info@diabete-enfants.ca](mailto:info@diabete-enfants.ca)



FONDATION  
RESSOURCES  
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