

## THURSDAY May 9, 2024

### Will I ever be cured of my type 1 diabetes?

*Presented by Dr. Sylvie Lesage*

#### Goals:

- 1) Familiarize yourself with the challenges of pancreatic beta cell replacement
- 2) Describe the results described following islet transplantation
- 3) Identify other recent advances (e.g. stem cells and other avenues)

P L E N A R Y

### Doctor, is it type 1 diabetes?

*Presented by Dr. John Weisnagel*

#### Goals:

- 1) Summarize the literature on diabetes technology anxiety
- 2) Recognize cues to technology anxiety
- 3) Empower patients and families to make healthy use of technology and reduce anxiety

P L E N A R Y

### Type 2 diabetes pharmacology update

*Presented by Dr. Preetha Krishnamoorthy*

#### Goals:

- 1) Assess the usefulness of TIR and HbA1c in monitoring type 1 diabetes.
- 2) Identify the disadvantages of using only TIR or HbA1c to assess glycemic control
- 3) Reduce barriers to the use of TIR and HbA1c in pediatrics

D E B A T E

## FRIDAY May 10, 2024

### QUIZZ (Literature review)

#### Goals:

- 1) Verify our knowledge of scientific data on pediatric diabetes over the past year.
- 2) deduce the potential impact of these data on practice
- 3) Improve our clinical practice by familiarizing ourselves with the impact of these data on patient care

P L E N A R Y

### Nutrition for young children with type 1 diabetes : Tips and tricks

*Presented by Pamela Nakouzi*

#### Goals:

- 1) Discuss the use of applications to calculate carbohydrates
- 2) Identify strategies for limiting the impact of fats and proteins on blood sugar levels
- 3) Identify effective tips and tricks for managing special nutritional situations (e.g. difficult children, birthdays, etc.)

P L E N A R Y

### Eating disorders, body image and diabetes

*Presented by Danielle Taddeo*

#### Goals:

For eating disorders and body image disorders in people with type 1 diabetes:

- 1) Recognize the incidence of these problems
- 2) Identify risk factors and clinical indicators that are precursors or suggestive of these disorders.
- 3) Discuss patient management and support.

P L E N A R Y

(Goals - continued)  
FRIDAY May 10, 2024

P L E N A R Y  
W O R K S H O P  
W O R K S H O P  
W O R K S H O P  
A T E L I E R

**Forging positivity and independence with diabetes technology to improve outcomes and reduce burden**  
*Presented by Dr. Preetha Krishnamoorthy*

- Goals:**
- 1) Explore the psychosocial impacts of diabetes management from childhood to young adulthood.
  - 2) Describe the evidence for the use of rTMS in children and young adults.
  - 3) Discuss the evolving role of technology in diabetes management in different age groups.

**Particularities of diabetes in the school environment**  
*Presented by Julie Simard, Sara-Catherine Séguin-Plourde, Charleen Magee et Sandra Kambites*

- Goals:**
- 1) Recognize the context of school health care
  - 2) Identify issues related to diabetes management in schools
  - 3) Propose effective strategies for diabetes management

**Broken, dysfunctional families and the management of type 1 diabetes**  
*Presented by Dawn Davis*

- Goals:**
- 1) Become familiar with the impartial identification of areas of disagreement within broken families that have an impact on the management of type 1 diabetes.
  - 2) Recognize acceptable, neutral solutions to help resolve these areas of disagreement
  - 3) Identify strategies for presenting and prioritizing these solutions to the family members concerned.

**Immigration and diabetes**  
*Presented by Anne-Marie Bellemare et Anne-Sophie Gergoy*

- Goals:**
- 1) Identify risk factors and cultural and social differences that influence the management of type 1 diabetes in immigrant children
  - 2) Assess the barriers to accessing healthcare and education on type 1 diabetes management for these children
  - 3) Design support strategies and identify resources/solutions for these immigrant families, with a focus on cultural inclusion and understanding family practices.

**Case studies, complex situation**  
*Presented by Caroline Pelletier et Gladys Dominguez*

- Goals:**
- 1) Identify specific situations encountered in practice
  - 2) Identify possible solutions to such problems
  - 3) Discuss alternatives in plenary session

**Added THURSDAY May 9, 2024**

**Disability tax credit workshop**  
*Presented by Canada Revenue Agency*

- Goals:**
- 1) Make healthcare professionals aware of the Disability Tax Credit, commonly known as the DTC, and related programs for all people living with Type 1 diabetes. (Children and adults)
  - 2) How can you help your patients apply for the DTC Certificate? (Tips to share with healthcare professionals)