

## THURSDAY May 9, 2024

### Will I ever be cured of my type 1 diabetes?

#### Goals:

- 1) Familiarize yourself with the challenges of pancreatic beta cell replacement
- 2) Describe the results described following islet transplantation
- 3) Identify other recent advances (e.g. stem cells and other avenues)

### Doctor, is it type 1 diabetes?

#### Goals:

- 1) Summarize the literature on diabetes technology anxiety
- 2) Recognize cues to technology anxiety
- 3) Empower patients and families to make healthy use of technology and reduce anxiety

### Type 2 diabetes pharmacology update

#### Goals:

- 1) Assess the usefulness of TIR and HbA1c in monitoring type 1 diabetes.
- 2) Identify the disadvantages of using only TIR or HbA1c to assess glycemic control
- 3) Reduce barriers to the use of TIR and HbA1c in pediatrics

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### QUIZZ (Literature review)

#### Goals:

- 1) Verify our knowledge of scientific data on pediatric diabetes over the past year.
- 2) deduce the potential impact of these data on practice
- 3) Improve our clinical practice by familiarizing ourselves with the impact of these data on patient care

### Nutrition for young children with type 1 diabetes : Tips and tricks

#### Goals:

- 1) Discuss the use of applications to calculate carbohydrates
- 2) Identify strategies for limiting the impact of fats and proteins on blood sugar levels
- 3) Identify effective tips and tricks for managing special nutritional situations (e.g. difficult children, birthdays, etc.)

### Eating disorders, body image and diabetes

#### Goals:

For eating disorders and body image disorders in people with type 1 diabetes:

- 1) Recognize the incidence of these problems
- 2) Identify risk factors and clinical indicators that are precursors or suggestive of these disorders.
- 3) Discuss patient management and support.

## (Goals - continued)

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W O R K S H O P 1

### Particularities of diabetes in the school environment

#### Goals:

- 1) Recognize the context of school health care
- 2) Identify issues related to diabetes management in schools
- 3) Propose effective strategies for diabetes management

W O R K S H O P 2

### Broken, dysfunctional families and the management of type 1 diabetes

#### Goals:

- 1) Become familiar with the impartial identification of areas of disagreement within broken families that have an impact on the management of type 1 diabetes.
- 2) Recognize acceptable, neutral solutions to help resolve these areas of disagreement
- 3) Identify strategies for presenting and prioritizing these solutions to the family members concerned.

W O R K S H O P 3

### Immigration and diabetes

#### Goals:

- 1) Identify risk factors and cultural and social differences that influence the management of type 1 diabetes in immigrant children
- 2) Assess the barriers to accessing healthcare and education on type 1 diabetes management for these children
- 3) Design support strategies and identify resources/solutions for these immigrant families, with a focus on cultural inclusion and understanding family practices.

D E B A T E

### Case studies, complex situation

#### Goals:

- 1) Identify specific situations encountered in practice
- 2) Identify possible solutions to such problems
- 3) Discuss alternatives in plenary session