



September 2022

Editorial

Fall colours will slowly arrive...

These beautiful fall colours announce a change in routine with the end of vacations, the start of school, and the cold weather slowly settling in.

With the arrival of the new school year, it is sometimes necessary to make a few adjustments to your diabetes in order to get back into the rhythm of your school routine. It's normal to have concerns about the start of the school year, just like any other year. New teachers, a new schedule, maybe a new school, you are not alone. Don't forget that **Fred** is here to support you as you head back to school with the many resources and tools available on the website.

As for Camp Carowanis, it successfully completed its mandate for Summer 2022. Over 250 campers living with type 1 diabetes were welcomed in Sainte-Agathe-des-Monts in July or August. They returned home with more autonomy in managing their diabetes, more self-confidence, new discoveries, and a whole bunch of stories to tell their friends and family. Once again this summer, it is mission accomplished for Carowanis!

Fred's team joins me in wishing you a great start to the new school year, filled with learning and fun!

Claire Rousse
Executive director

Lilly Glucagon Injection will no longer be produced

The injectable glucagon will no longer be produced by the Lilly



Company. The company has decided to stop production because the demand for injectable glucagon has decreased significantly since the introduction of nasal glucagon: the Baqsimi.

The last distribution of the injectable glucagons by Lilly will be in June 2023. It will therefore be possible to obtain them until that date.

However, there are injectable glucagons from other companies, which continue to produce them. There is the glucagon Gvoke Hypopen, and the Glucagen Hypokit from Novo Nordisk.

[To read more...](#)

To know more about your glucagon options, [click here](#).

RAMQ reimbursement for Freestyle Libre 2 for people 4 years old and over

Good news!
Abbot's Freestyle Libre 2 is now covered by the Quebec health insurance plan (RAMQ).

This means that children aged 4 and over who live with diabetes will be able to benefit from a continuous glucose monitor that provides real-time warnings of a rise or fall in blood glucose levels, free of charge.

[To read more...](#)



The back-to-school guide!

For a child living with diabetes, as well as those who care for them, returning to school can be anxiety-provoking.

Fortunately, Fred offers several tools to support you through

this natural stage of life.

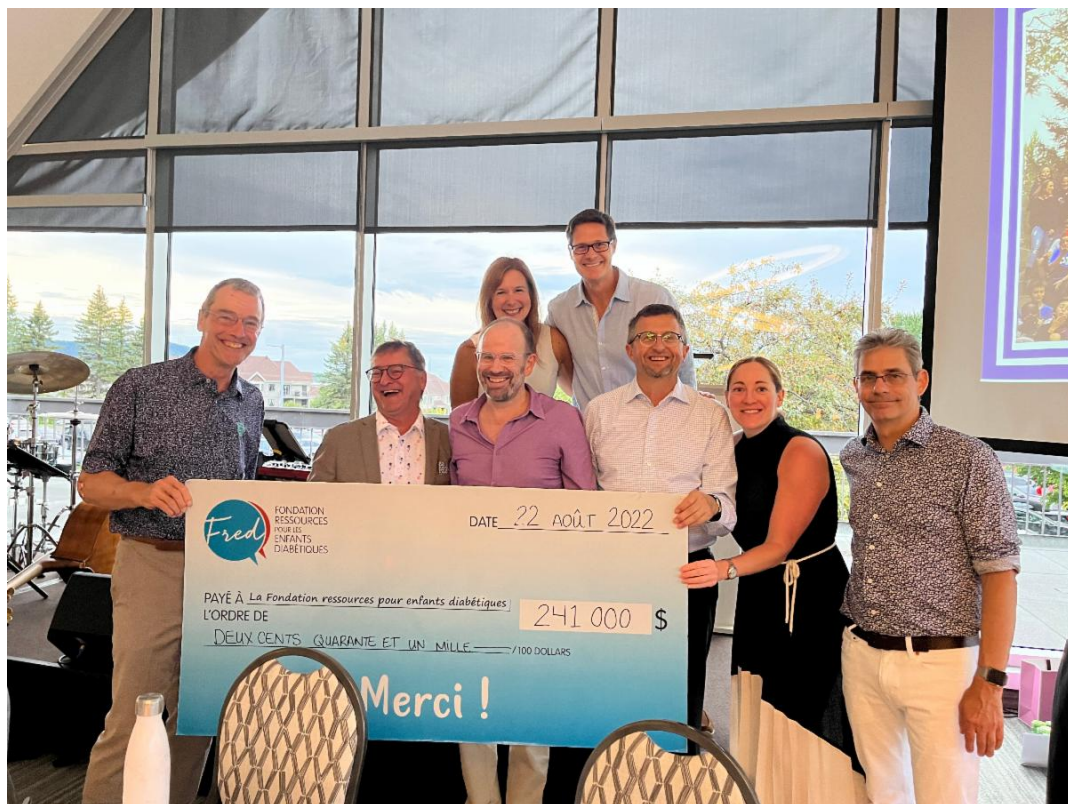
If you have questions about:

- The rights of a student living with type 1 diabetes;
- Type 1 diabetes training for teachers;
- What the Ministry of Education does for students living with type 1 diabetes;

visit [our website](#) to view the complete diabetes in schools guide.



19th Edition of Fred's Golf & Bike Classic!



Fred hosted his 19th edition of the Golf-Bike Classic on August 22, 2022 at the Richelieu Valley Golf Club. Thank you to all the participants who helped make the event a success. Your generous donations allow the Foundation to maintain its services throughout the year to children, adolescents and their families. Thank you for contributing to Fred's mission to support families affected by type 1 diabetes, and ease the daily challenges it can bring. You make a difference in their lives!

Thank you to all of our dedicated volunteers for your involvement in Fred's



19th annual Golf-Bike event. You played a huge role in the success of this event and it is with everyone's contribution that Fred will be able to continue to support the families and make a positive difference in the lives of young DT1.



On September 3-4-5, Clan Fred weekend was held



On the weekend of September 3rd, 4th and 5th, Clan Fred welcomed about 15 young people to Sainte-Agathe-des-Monts for its weekend dedicated to teenagers living with type 1 diabetes.



We were fortunate to have several very interesting guests visit our Clan Fred teens! We had Maude Lafontaine, a nutritionist specializing in type 1 diabetes, who was able to answer all of our teens' questions.



The teens participated in discussion activities on current issues related to diabetes and adolescence. They also had the chance to discuss their shared experiences as people living with type 1 diabetes. Finally, they had the chance to enjoy the Didi lake, the forest, and a nice campfire!

The teens learned about diabetes, and



were able to share their experiences with new friends who are experiencing the same challenges.

Don't miss the next Clan Fred event!

[To learn more about Clan Fred](#)

[To subscribe to Clan Fred on instagram](#)



Working for a good cause... Sound interesting? Fred is hiring!

Communication internship

Are you a passionate person, do you like planning activities and events? Do you want to significantly contribute to the growth of a foundation established for 47 years and with a national reach, but constantly seeking to renew itself? Do you like to share ideas and learn more every day? Fred needs you!

[Read the internship offer](#)

Events and Fundraising Coordinator

Are you a passionate person, do you like planning activities and events? Do you want to significantly contribute to the growth of a foundation established for 47 years and with a national reach, but constantly seeking to renew itself? Do you like to share ideas and learn more every day? Fred needs you!

[Read the job offer](#)

Summer 2022 at Camp Carowanis...

The summer of
2022 is coming



to an end for the Carowanis family.



All campers have returned to the comfort of their homes with their luggage filled with learning, discoveries, laughter and unforgettable memories!



Once again this year, Camp Carowanis can say that it was mission accomplished. The campers all had an enchanting stay on the shores of the famous Didi Lake.

See you next year!

The impact of Camp Carowanis on children living with type 1 diabetes...



"I was afraid at first to be without my parents but in the end it wasn't as bad as I thought. I like being in the forest and the instructors are really nice."

- Judith 7 years old, living with diabetes since 2021



"I find it more helpful when I do it myself, it's even easier. It gives me the chance to have more control over where I want it and how I want it done."

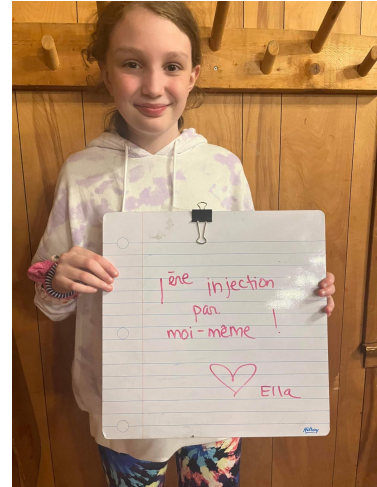
- Audrey 12 years old, lives with type 1 diabetes since 2014



"What I like the most about camp Carowanis are the activities and the people. I love the water sports, camp craft and being in nature. I also love how you can go up to anyone in the staff and they are always willing to help."

Aitor 15 years old, camper

A journey for our campers...



TANDEM
Diabetes Care

Live the Moments
That Count

t:slim X2 Insulin Pump
WITH Control-IQ TECHNOLOGY

Get the technology
that grows with kids

[Find Out More](#)

Nolan
diagnosed 2017

Maura
diagnosed 1978

THANKS TO OUR GENEROUS DONORS



Thanks to the support of Tremblant CT merchant-owner, Mr. Michel Deslauriers, the Canadian Tire Jumpstart Foundation of Quebec has made a donation of **\$13,800 to Fred!** This donation will allow Camp Carowanis to purchase various equipment needed for its operations and to diversify the activities of the youth.

THANK YOU Fondation Bon Départ
THANK YOU Mr. Deslauriers, CT Tremblant

The Telus Foundation has generously donated **\$15,000 to support Fred and the camp** in adapting its facilities to make technology more accessible on site and provide a unique experience for campers.

We are very grateful to Telus for their contribution to building strong and healthy communities.

THANK YOU Telus Foundation



Do you have questions about type 1 diabetes? Would you like to know more about certain topics? Is there a topic that is important to you and you would like to see it covered? Email us at info@diabete-enfants.ca



[Fred](#) | (514) 731-9683 | <https://diabete-enfants.ca/>



FRED | 6855 rue De l'Épée, Suite 302, Montréal, H3N 2C7 Canada

[Se désabonner info@diabete-enfants.ca](mailto:info@diabete-enfants.ca)

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