



# KIWIS IN FESTIVE TREE

Suggested by  FONDATION  
RESSOURCES  
POUR LES  
ENFANTS  
DIABÉTIQUES

## INGREDIENTS

- 1 kiwi
- 4 raspberries
- 6 blueberries
- 1/2 tablespoon of chocolate chips
- Piece of cheese of your choice

## PREPARATION TIME

- Preparation | 5 minutes
- Servings | 1

**20G CARBOHYDRATES**

## METHOD

- Peel the kiwi, then cut it into thin slices, also cutting each slice in 2.
- Arrange the half-slices of kiwis on the plates, forming fir leaves.
- Put the chocolate chips in a ziploc bag and put it in the microwave for 1 minute. You can then cut a small corner of the bag to add a beautiful garland on your tree.
- Then add the fruit to decorate it.
- Use a piece of molding to cut out the star that will be at the top of the tree and use the remaining piece to make the base of the tree.
- Serve the assembly of Christmas fruits chilled.