

The Diabetic Children's Foundation, also known for its french acronym Fred, invites all elementary school students to carry money boxes on Halloween night to raise funds to support Quebec children living with type 1 diabetes.



#### Dear members of the School Board,

**Fred** is starting his solicitation for his Piggy Bank Campaign. We are asking for your participation in this fundraising campaign to help families affected by type 1 diabetes.

When a child is diagnosed with Type 1 diabetes, they will eventually wonder: **'How am I gonna do to spend Halloween with my friends and eat my candies? '** It is a mourning, one of the first, and perhaps one of the most concrete, that they will experience, as a child.

Type 1 diabetes strikes without warning and is completely unrelated to diet or lifestyle. To this day, it still cannot be cured.

From the moment of diagnosis, a child with type 1 diabetes will need to carefully calculate their carbohydrate intake at every meal. There will NEVER be a break.

There are more than **four thousand people** in Quebec today living with the issues and challenges of type 1 diabetes and this number is growing.

One of them may be attending your school or will be attending your school, and like all his friends, will go trick-or-treating on Halloween, but when they get home, their parents will have to make a choice and let them eat only one piece of candy to keep their blood sugar stable.

### **Raising awareness and educating** Workbook full of fun activities, suitable for all levels

**Fred**'s Halloween piggy bank project raises awareness among your students of the challenges faced by their peers affected by type 1 diabetes. It makes them aware of the stakes of this condition while informing them. It also gives young people the opportunity to take a first step towards building a more cohesive community and introduces them to civic engagement.

In this regard, this year, **Fred** offers **an educational activity booklet that introduces the students to the reality of pediatric diabetes through various games adapted to different grade levels**.



# A cause that brings us together to shape the society of tomorrow

The cause of diabetic children unites **Fred** with Quebec's elementary schools, quite naturally. The money raised allows the foundation to offer programs to help improve the daily lives of families who have a child with type 1 diabetes. In the last few years, the health crisis has hit our youth and their families hard.

This is why we kindly request your school's participation in a fundraising activity that will highlight the Halloween celebration, to reaffirm the chain of solidarity that unites us.

To participate in our money boxes campaign, you may click on<u>this link</u> and express your support to **Fred**'s diabetic children.

## **Glucoman at school**

A visit from **Fred**'s mascot, Glucoman, is scheduled to thank the students of the school that raises the most money through the Halloween money boxes campaign.



## We need your support

Your support is extremely important to us in setting up support programs for children with diabetes and breaking down the stigma associated with their condition.

Here is our proposal, which we hope will be accepted : **PROPOSAL:** 

I am asking for the school board to agree on a motion, so the students are invited to hold **Fred**'s money boxes (andor QR code) on the night of Halloween.**Fred** will supply the money boxes to the schools.

This initiative carries many benefits:

- It requires very few management.
- It is directed towards communities rather than asking money from families.
- It makes students, and their families get aware of Type 1 diabetes reality that hits children.

Below, you will find a small overview of Type 1 diabetes facts and what it involves. You may click on the following <u>link</u> for your school's registration form to our campaign.

On behalf of all children, Fred thank you for your attention.

Best regards,

## Claire Rousse

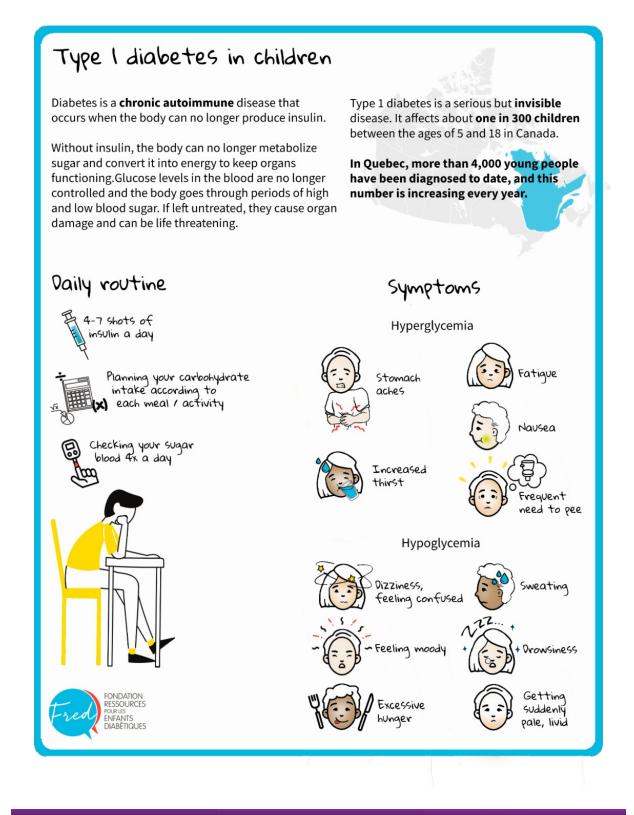
**Executive director** 



"AT FIRST, NO ONE TOLD ME IT WOULD BE FOR MY WHOLE LIFE. I HAD NO IDEA. IT TOOK ME ABOUT A WEEK TO FIND OUT. IT WAS MOSTLY FEAR. IT WAS VERY NEW. I SPENT A LOT OF TIME IN THE HOSPITAL; I DIDN'T REALLY UNDERSTAND WHAT WAS GOING ON BECAUSE I WAS STILL PRETTY YOUNG."

SILAS FRITSCH, LIVING WITH DIABETES SINCE AGE 7







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