



CHRISTMAS TREES IN STRAWBERRIES

Suggested by  FONDATION
RESSOURCES
POUR LES
ENFANTS
DIABÉTIQUES

INGREDIENTS

- One 12oz bag of Vanilla Fudge Chocolate Chips (Available at the Bulk Barn)
- 1 box of 454g of strawberries
- Colored candies "sprinkles"
- Star candy
- Toothpicks for dipping
- Dark green food coloring

PREPARATION TIME

- Preparation | 15 mins
- Servings | 20

5 G OF CARBOHYDRATES PER TREE

METHOD

- Cut the stem and leaves from each strawberry to make a base.
- Get out a parchment paper that will serve as a work surface.
- In a microwave-safe measuring cup, heat the chocolates for 30 seconds at a time, stirring well between each time you heat them. It will probably only take 2-3 times to get completely smooth. **DO NOT OVERCOOK.** Mix with food coloring if you haven't been able to find any green pellets.
- Prick the flat side of each strawberry with a toothpick and dip in chocolate. Very gently remove it from the chocolate and place it on the paper.
- After removing the strawberry from the chocolate, immediately sprinkle lightly with colored candies and garnish with a small star.
- Then you can make each of the strawberries one by one following this process.