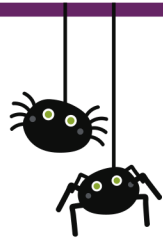


The Black Spider Pizza



Serving (s) : 10

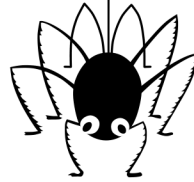
Preparation time : 20 minutes

Cooking time : 10 minutes



(Image from Recipe Runner)

Ingredients



- 10 plain/whole wheat mini pita breads
- 1 can (398 mL) of tomato sauce
- 1 cup of mozzarella cheese, grated
- 20 black olives, ripe, pitted

Preparation

1. Cut the olives to obtain 16 heads, 16 bodies and 60 small legs (see the picture).
2. Garnish each pita with tomato sauce, grated cheese and place the pieces of olives to form a spider (see photos)
3. Bake for 10 minutes at 450°F

Nutritional information

Calories: 65 kcal

Fiber: 1 g

Carbohydrates: 7 g

Protein: 2 g

Fat: 6 g

