



FONDATION  
RESSOURCES  
POUR LES  
ENFANTS  
DIABÉTIQUES

June 2021

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## Editorial

School is ending and the weather is just fine.

This summer looks promising for the children. The Quebec government and Public Health have confirmed that the summer camps will be open.

Are you looking forward to it?

**Fred** and the Carowanis camp team, yes.

All the animators, nurses and staff have done everything possible to welcome your children in the respect of sanitary measures for a colorful summer.

**Fred** has ensured that the necessary funding was obtained, through the **1 Type of Generosity campaign** and the **Scotiabank Challenge race**, so that all children with diabetes could enjoy the benefits of a stay at Camp Carowanis, while their parents could take some precious time off.

I would like to take this opportunity to thank from the bottom of my heart all our benefactors of these fundraisers. We are so lucky to have you as part of our great community of donors. Your generosity directly helps our young T1Ds and their families.

Have a great summer!

Do you know the BETTER registry  
Next webinar about new insulin pumps  
on June 21

Claire Rouse  
Executive Director

*All children in some form or another have genius; the trick is to bring out in them*

*Charlie Chaplin*

## Info-diabetes



### Can your child play sport?

When a diagnosis of type 1 diabetes is made, there is some apprehension about letting your child be physically active. However, if done properly, exercise has many benefits and helps prevent many complications of diabetes.

[Read the article](#)

## A word from our nurse



### Type 1 diabetes, babysitting and other hassles

Enjoying a good meal on a terrace before a movie night, it makes you dream, right? But how can you be sure that the person you entrust your diabetic child to will be able to take care of him properly?

[Read the article](#)



## Getting into the swing of summer with type 1 diabetes

School is ending soon but type 1 diabetes is not. The sun, the vacations, it makes you dream but you must remain vigilant. How to enjoy the vacations when you are living with type 1 diabetes?

[Read the article](#)



## Me, my diabetes, my parents

One is not born a parent but rather becomes one. When life puts a child in our arms, the guidebook does not follow.

And we move forward, as if on eggshells, trying to find the right gestures, paving the way until the day when chance intervenes and the diagnosis is made: Type 1 diabetes.

You wonder why and then you try to figure how.

How can we ensure that the child is not affected?

How can we help him to lead a "normal" life?

So we learn.

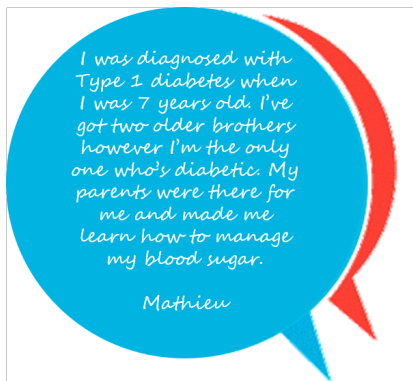
Diabetes becomes your own.

Diabetes becomes love and care.

And one becomes, in turn, a nurse, a doctor, a nutritionist in addition to cherishing, consoling and protecting.

This role that we learn, that we put on, that becomes us, sparks a light in the hearts of all our children who know that this support will always be there and will give them the passion to achieve their dreams, for them, for us.

As Mother's Day is over and Father's Day awaits, let's let our young people pay tribute to their parents.



Diabetic Children need you  
Thank you for your generosity!

# 1 TYPE OF GENEROSITY

SUPPORTING CHILDREN,  
TEENS AND FAMILIES WITH  
TYPE 1 DIABETES

2<sup>nd</sup> edition

Hello dear friends of Fred,  
There are only 4 days left in the campaign 1 TYPE OF GENEROSITY.  
At this point, we have reached 30% of our goal.  
Our children, our families still need you.

Carowanis Camp will reopen this summer to the delight of diabetic children and their parents. However, the sanitary measures recommended by Public Health have a cost and our fundraising activities have not yet been able to resume. This is why the 1 TYPE OF GENEROSITY campaign is renewed for a 2<sup>nd</sup> edition.  
You can make a difference.

No matter how much you give, our generous partners will double the value of your donation to maximize the impact on the youth and families who receive Fred's help.  
Here's how you can help:

$\$50 \times 2 = \$100$

A welcome kit to help 2 families whose child was recently diagnosed to organize their new lives

$\$250 \times 2 = \$500$

A dinner meeting to allow 10 families in remote region to talk and share their experiences

$\$1350 \times 2 = \$2700$

Much more than a stay at camp, it is the experience of a week for life that a child with diabetes will get to know

By donating, you are joining Fred's many friends and partners in making a difference in the lives of children living with type 1 diabetes and their families.  
Unite around Fred and bring a smile to a child with diabetes by making a donation.  
Remember.  
There are no small donations.  
There are only big hearts.

Thank you so much for your generosity! ☐

I want to help a T1D child

# Same Team, same passion, new location!

Fred and camp Carowanis have moved

Welcome to our new address

6855 De l'Épée St., Suite 302, Montreal, H3N 2C7



**Fred**

514-731-9683

**Camp Carowanis**

438-814-2401

## Scotiabank Challenge: Unprecedented virtual success \$35 403 raised for the diabetic children



Exceptional situations sometimes reveal exceptional people.

Despite the necessary social distancing since the pandemic, a beautiful spirit of solidarity has emerged, and while a virtual mode was implemented for the caritative race of Scotiabank challenge, far from the enthusiasm of the crowds and the lights, we have experienced an extraordinary enthusiasm and an incredible mobilization of **Fred's** friends for the cause of diabetic children.

They were 94.

Both young and not-so-young, they gave their best shot to make a difference, to bring the magic of hope to children with diabetes. They ran to help them achieve their dreams.

**THANKS** to the teams : Station 22, Carowanis with a special mention to the Lacasse Family, Courons pour Émile, Fred, Team Laforest, Les Mystiques and to Michel Fortin for LesamisdeFred.

Many children, pre-teens and teens will be coming to camp this summer thanks to you. Thank you to our wonderful, our fabulous 94 runners who took up the Scotiabank Challenge for **Fred**, for the children.

Thank you ☐



Symposium for Professionals in  
Pediatric Diabetology: A rethought  
edition for 2021

This not-to-be-missed meeting for the

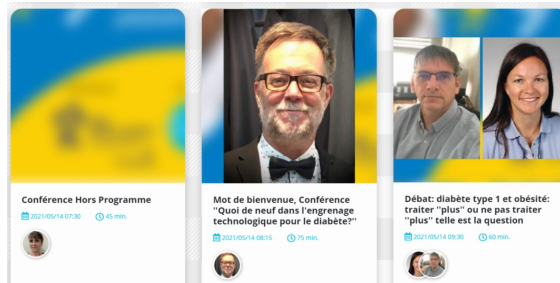
pediatric diabetes professionals presented on a videoconference mode was a great success.

On this pandemic, **Fred** believed more than ever that it was crucial to provide a forum to health professionals in order to promote the care given to young diabetics and help their acceptance and the management of their diabetes.

Indeed, this online edition of the symposium allowed speakers from overseas to take part in this event. Let's mention, for example, Dr. Régis Coutant, Professor of Pediatrics in France, or the psychologist Michèle Schultz from Luxembourg.

More than 85 professionals and speakers took part in this online symposium.

Thank you to the scientific committee and to all our partners who contributed to make this event such a wonderful success.



It would not be possible without you

Thank you to our platinum partners



Thank you to our diamond partner



Thank you to our silver partner



## Talking about the camp Open for the summer



### Camp Carowanis will be open this summer Have you registered your child?

The Government of Québec, in cooperation with Public Health, has authorized summer camps to proceed with their activities.

So we are pleased to confirm that Camp Carowanis will be open this summer.  
If you have not registered your child yet, please hurry up, there only a few spots left.

Looking forward to seeing your children for an awesome summer 😊

[Registration](#)

## A thrilling program

### 2-week program:

Session 1: Monday July 5 - Friday July 16  
Session 3: Monday August 2 -Friday August  
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### 1-week program:

Stay #1 : From July 19 till 24

Family weekend: August 20 to 22, 2021

Our open house is cancelled but you can schedule a Zoom meeting with one of our team

members to ask your questions and ease any concerns you may have about your child's first stay at camp.

To schedule a zoom meeting, please complete the following **form**.

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## Do you know the BETTER registry?

The BETTER registry is a census of people living with type 1 diabetes in Quebec. There are already more than 1800 people registered.

This project was developed by a team of specialists working with people living with type 1 diabetes.

People who are registered can participate in webinars hosted by the team of specialists on topics that change monthly. Those webinars will be given in French but questions may be asked and will be answered in English.

**The next webinar will take place on June 21** and will focus on:

- **New insulin pumps: towards automation.**

For more information, and/or to register your child, visit their website at

<http://www.type1better.com>

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# IT'S ABOUT TIME.

Move forward with the MiniMed™ 770G System



It's about time in your everyday schedule.  
It's about time in range.  
It's about time there was a system that adapts to your unique needs when it comes to your diabetes management.\*

Go beyond multiple daily injections and move forward with your diabetes management.

Focus on your life, not your levels.

For more information, visit [medtronicdiabetes.ca](http://medtronicdiabetes.ca) or call **1.800.284.4416**

\*Some user interaction required. Individual results may vary.  
The MiniMed™ 770G is indicated for people living with Type 1 diabetes, ages 2 and older.  
Actor portrayal used in this brochure.  
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**Medtronic**



Wondering about type 1 diabetes? Would you like to know more about certain topics? Do you have a topic that is close to your heart and would like to see it addressed?

Write to us at [info@diabetes-children.ca](mailto:info@diabetes-children.ca)

Fred | [www.diabete-enfants.ca](http://www.diabete-enfants.ca)

