



FONDATION
RESSOURCES
POUR LES
ENFANTS
DIABÉTIQUES

March 2021

Info-diabetes

Does type 1 diabetes complicate the process of puberty?

A word from our nurse

How to make the most of the sugaring-off season with our sweet little T1Ds

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I am helping a T1D child

Our activities

Find out about our latest actions and join us for new adventures

On the side of the camp

View Camp Carowanis' latest news.

Editorial

As spring is just around the corner, new challenges present themselves to our newly diagnosed T1D youth and to our families.

How to manage the anxiety resulting from this T1D diagnosis and despite all the help of doctors and nurses, how to ward off the daily hazards?

If your youth or a member of your family feels this way, do not hesitate to **contact us**. **Fred** is there for you and we have implemented measures to help families cope with different situations.

Enjoy your spring,

Claire Rousse
Executive Director

Unleash the potential of a child and you will give him or her a place in the world.

Maria Montessori

Does type 1 diabetes complicate the process of puberty?

Puberty is an obligatory passage of life which takes place in a more or less



bumpy way according to the surge of hormones. Beginning around age 11 for girls and around age 12 for boys, it marks the beginning of physical changes and sets the tone for the teenager's social behavior. But the situation gets a little more complicated when our youngster is already living at the pace of type 1 diabetes.

[Read article](#)

How to make the most of the sugaring-off season with our sweet little T1Ds?

Is it possible to allow our diabetic children to eat a sugar shack meal without causing a disaster?

[Read the article](#)



I am helping a T1D child

Monthly donation, a simple way to make a difference for T1D children

The monthly donation makes all the difference!

Your donations are made automatically, every month, according to the amount you have decided to allocate. It is an effective way to support [Fred](#), a large number of young T1Ds and their familiesTo provide them with services ... You choose the amount, the date of withdrawal and you spread out your contribution without affecting your budget. Once a year, you will receive an official tax receipt by mail for all your donations.

Thank you ☐

SAVE THOSE
DATES

THURSDAY

May 13 AM

FRIDAY

May 14 AM

Presented by



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Virtual event



9th

SYMPOSIUM
for professionals
in pediatric
diabetology

2021

Running the Scotiabank Challenge for Fred It's time to ring the kick-off bell...for you, for them

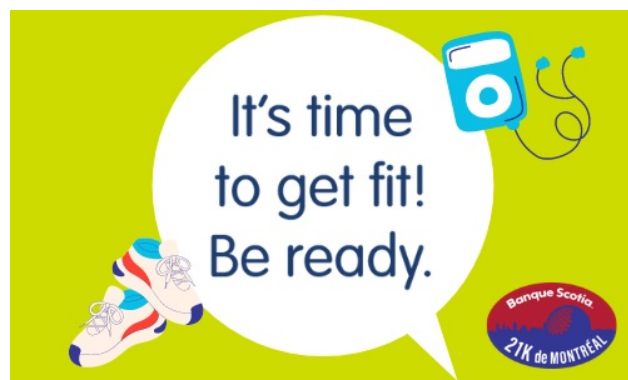
The current situation has compromised many events. Fortunately, the Scotiabank Challenge is staying the course and offering a virtual formula. You can, as of today, make a difference in diabetic children's life like Mathieu ([click on the image](#)), simply by participating in the race under Fred's banner.

A great family activity that brings us together

To provide a unique opportunity for children with diabetes to experience a stay at [Camp Carowanis](#) and meet other young people who are going through the same challenges, to learn that you can go beyond diabetes.

It's also an opportunity to get back in shape, enjoying precious moments with the family while keeping spirits up.

We need your wonderful energy to help us raise funds.



The registration fee will be refunded as soon as you have collected double the fee. Other surprises await you as well. Visit [Fred's website](#) for more information.

[I register](#)



Virtual Coffee Talk

Our coffee-talk program continues, still in a virtual format. A few meetings have already been held, bringing together parents of newly diagnosed young children. These essential meetings have been both an opportunity to welcome families to [Fred](#) and a privileged moment allowing them to make new connections with other parents and children who are experiencing the same dynamics and challenges.

On the side of the camp

Goodbye, Danielle! Enjoy your retirement!

A word from our Chairman of the Board of Directors to mark the retirement of **Danielle Brien, former Executive Director of Camp Carowanis**

Hello to all of you,

30 years is not much in a lifetime but it's a lot when you're talking about a career. Last September, Danielle Brien stepped down from her role as Executive Director of Camp Carowanis. She had previously served as [Fred's](#) Executive Director, a position she left in 2018. In total she has devoted more than 30 years to the foundation and the Camp. Wow! What an accomplishment!

Danielle, also known as the "Eye of Lynx" for the camp's regulars, has given all her strength for the children and the cause of T1D over the years, always with the same ardour and unsurpassed dedication. Thank you, Danielle!



Thank you also for having welcomed me as you did on [Fred's](#) board, for having supported me as a member and president of the board and for having advised me on several issues with your experience of the foundation and the camp.

I invite you to watch [this little video](#) that Danielle has prepared to say a little hello to all those she has come into contact with over the years with us. She also says a little hello to Marcel Proulx and an allusion to the setting up of [Fred's](#) golf tournament.

Danielle, thank you again for everything, enjoy your retirement: it is fully deserved! »



Summer 2021 : Time for registration

The summer season is in full swing and registration will begin, starting on March 20 at 10:00 am.

Reservations will be made on a first-come, first-served basis.

Places fill up fast.

Is this your child's first time at camp?

Sign up for the information session for new families on **Thursday, March 25th at 7pm** and learn everything you want to know about the camp: programming, activities, operations.
A virtual visit is even included in the program.

To register, please fill out the [form](#).

Open House Day: June 5, 2021

2 Weeks Program:

Session 1: Monday July 5-Friday July 16

Session 3: Monday August 2-Friday August 13

We are looking forward to seeing you 😊

Do you have any questions?

Check out [our information session](#), now available in [video](#).

1 Week Program:

Stay #1 : From July 19 till July 24

Stay #2 : From July 25 till July 30

Family Weekend: August 20 to 22



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- > Simplifier la prise en charge du diabète grâce à l'accès continu aux données de vos patients offert par le système de gestion des données diasend[®]

Pour en savoir davantage, parlez à votre professionnel de la santé ou appelez un **spécialiste Omnipod** au : **1-855-POD-INFO (1-855-763-4636)**.



Pour vous faire une idée du Pod, vous pouvez **commander une trousse Expérience Podder^{MC} GRATUITE**, qui contient un Pod non fonctionnel, en **balayant simplement le code QR**.

* Le Pod est étanche (norme d'étanchéité IP28) jusqu'à une profondeur de 7,6 mètres pendant 60 minutes.

Le GPD n'est pas étanche.

** Jusqu'à 72 heures de perfusion d'insuline en continu.

La capture d'écran est fournie à titre d'illustration seulement.

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about certain topics? Do you have a topic that is close to your heart and would like to see it addressed?
Write to us at info@diabetes-children.ca

[Fred](#) | www.diabetes-children.ca

